

CERTIFICATE

OF PARTICIPATION

This is to certify that

Coreen Bierman

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:12:57

PACE 09:06/km

OVERALL 33 of 166

GENDER 9 of 88

50 - 59 1 of 10

23 June 2019, Sun

Date



BoutTime